

The Giddings News

February 6, 1942

DIME BOX 4-H GIRLS CLUB

Ida Bell Allen, Reporter.

The Dime Box 4-H Club held a meeting Jan. 23, which helped each member to find out what he should eat during week, month, and year.

The members of the club learned that each one of them should drink at least from 46 to 91 gallons of milk a year, and to our disappointment we found that we weren't getting near enough milk, much less enough meat, potatoes, fruits and vegetables in one year. Strong, busy, and happy people are our first line of national strength. Everybody knows that if he or she don't eat enough of the right kinds of foods that they will not be strong and healthy. Lets make America a strong nation by being strong ourselves.

The club selected Ida Bell Allen reporter. The Gold Star girl for 1941, Tracy Unger, is a member of our club. There were sixteen present. The next meeting will be held Jan. 30 with Mrs. Gladys Nimitz, the Dime Box 4-H Club sponsor.